Volume 19, Issue 4

Northwestern School District

221 3rd St., Mellette, SD 57461 January 2015

## NW Ink promotes school spirit

by: Peyton Groft

What started as a small school project has turned into a legitimate community business. Northwestern Ink, an in-house screen printing business started in 2005, provides high-quality apparel not only for school activities and events but also for local businesses.

"This has been a fantastic opportunity for our students and community. Even though we are not a professional screen printing business, I feel our students create a quality product as best as they can at a competitive price, especially for those who have smaller orders. This is also a great opportunity for students who have not been able to get work experience because of other activities. I believe every students should have some work experience before they leave high school. Having this experience allows them to be more successful when they are in a work setting for the first time outside of school," NW Ink adviser Mrs. Anne Frericks said.

NW Ink officially started in the fall of 2005 by Frericks, art teacher Mrs. Jennifer Schell and Mr. Dave Hosley, the previous shop teacher. At the end of the 2004 school year, the school board approved a \$11,500 loan to rewire the dryer and purchase equipment from a company in Tennessee; the company in Tennessee also sent someone to the school to train them for two days. Now, 11 years later, NW Ink still utilizes the same equipment that was initially purchased, except for occasional maintenance. NW Ink also recently purchased a heat press machine for putting names and numbers on shirts.

The process of making a shirt at this in-school company begins with a design. Schell controls this area of the process. Then, the colors of the design are separated, turned to black and white and printed onto vellum paper. Next, the screens have to be



*Photo by Kate Finley* 

### Senior Cody Lefforge prepares to screen a T-shirt for NW Ink.

degreased, dried, emulsed and dried again for 24 hours. Then, workers burn the design to the screen. Each color must be burned on a separate screen. During the burning process, each piece of vellum paper is lined up and taped onto the back of the screen, the screen is placed in a burner (flatbed with fluorescent lights and a cloth cover), the taped-on design exposes itself to the fluorescent light for three minutes (which hardens the emulsion), water sprays onto each side of the screen, the emulsion washes away as the water continues to be sprayed and the ink can be pushed through the holes in the screen in only the design area. Next, workers line up the screens on the screen printer. Then, the workers push ink through the screen and flash-dry between colors. After all of the colors have been set on the shirt, the shirt runs through the belt dryer. Finally, the screens have to be washed out to be used again. This includes using ink remover to wash off all of the ink, using emulsion remover to break up the hardened emulsion, washing off the screen, degreasing the screen and emulsing again.

This company combines art, computers, and business skills with real-world experiences. The students learn how to work in an actual business setting. Not only do they acquire a specific skillset, but they also learn how to work independently to produce a quality product with efficiency and learn to use good communication skills. This year, the six employees work at three different times, and they must communicate from one group to the next about what they have worked on, how the dryer has been running, where to place the shirts, how many times ink colors have been screened and much more.

Students use a program called CorelDraw to design a graphic that can be screened onto the shirt. The design most acceptably contains one to three colors, contains words and graphics and makes the screening as easy as possible for the screeners by avoiding the overlapping of words and

"We could not do this withour talents (art and business) to make it all work," Schell

The business class, comprised mostly of juniors, also takes part in NW Ink. Currently, its business, named the NW Shop, has been making and selling its own products, including items such as Tshirts, sweatpants, sweatshirts, keychains, lanyards, stadium chairs and much more. These students create designs, screen shirts and control finances. Stop by Mrs. Frericks' classroom to purchase unique, new Northwestern apparel before it goes out of stock!

The entrepreneurship class does the actual screening of the shirts, excluding the shirts made by the business class. Talents that they learn include art, computer, communication and business skills as well as leadership, independence, responsibility and teamwork.

Beside school athletic teams and other extracurricular activities, area businesses also use this company as an advantage to provide apparel for their company, including Redfield School, Warner School, Huron School, Redfield Area Arts Council, Dow AgroSciences, Aberdeen Hockey, Redfield Energy, American Bank and Trust, Tulare Patriot Market, Spink County 4-H, Relay for Life, Brentford Auxiliary, small groups such as family reunions and many other businesses.

NW Ink provides Northwestern Wildcat apparel for students, staff, athletic programs and other school activities. With this in-school advantage, Wildcat fans can quickly and easily equip themselves with apparel to show off their school spirit and pride.

"We like to use NW Ink for our volleyball apparel because the business is student-run and student-driven, and it gives our students an opportunity to showcase their talents. And the customer service is better than you will receive in any other business from which we could purchase our products," Coach

#### Cross country coach honored for achievements

by: Peyton Groft

Kris Boekelheide, the girls' and boys' cross country coach for the Northwestern Wildcats, has been honored with the title of Area 1 Class B Coach of the

Boekelheide trained her athletes from the middle of August to the end of October as she prepared her runners to compete competitively during the region and state competi-

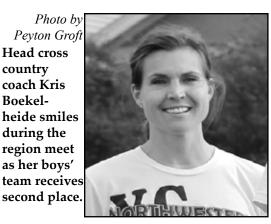
tions. At regions, both the girls and boys teams placed second as a team, each qualifying five runners. For the girls' team, junior Josie Clemens placed first, eighth-grader Miranda Thorson placed fifth, seventhgrader Kiarra Stuck placed 12th, sophomore Peyton Groft placed 16th and eighth-grader Hailey Boekelheide placed 19th. For the boys' team, junior Derek Boekelheide placed

fifth, senior Logan Schentzel placed sixth, freshman Jarret Haven placed 13th, eighthgrader Zechariah Clemens placed 15th and freshman Caleb Schentzel placed 26th. At state, the girls received sixth place with junior Josie Clemens placing sixth as an individual, and the boys received third place with junior Derek Boekelheide placing sixth as an individual and senior Logan

Schentzel placing eighth as an individual.

Congratulations to coach Kris Boekelheide on a phenomenal season and being honored with such a prestigious award.

Photo by Peyton Groft **Head cross** country coach Kris Boekelheide smiles during the region meet as her boys' team receives



# Student of the Month: Jarret Haven



#### by: Sadie Vander Wal

Freshman Jarret Haven received January student of the month. Haven is the son of Jarrod and Tamra Haven and has three younger brothers: Jace, Justin and Jerrin.

"Jarret is very active in extracurricular activities and has a very strong work ethic. He has a desire to do well and that makes him a good student," senior Isaac Groft said.

Haven's activities include football, basketball, track, cross country, 4-H, Fellowship of Christian Athletes and Future Business Leaders of America. In his free time, he enjoys raising goats, hunting and fishing. Haven's favorite class is woodworking. Haven's most embarrassing moment would be when he fainted off the

quote is by Pauline Kael:
"Where there is a will,
there is a way."
His future plans are to attend college and then come

back home to farm.

risers during the middle school concert his sixthgrade year. His favorite

# Former NBA star inspires students and staff at Northwestern

by: Peyton Groft

Thurl Bailey, a former player for the Utah Jazz, visited Northwestern on Monday, Dec. 7, to share his life story and athletic upbringing with the students and staff members.

Bailey grew up in the poorer part of Washington, D.C., with his mother and father. As a young child, he had watched basketball on television, idolizing the famous "Dr. J" (Julius Erving), but he had never touched a basketball himself. Before his seventh-grade year, Bailey asked for coaching from his father to teach him how to play basketball. In seventh-grade, Bailey decided to try out for his school's basketball team. Despite measuring 6 feet, 5 inches in height, Bailey did not make the team; he did not impress the coach by his lack of being able to dribble a ball. The cut did not discourage Bailey, though. In eighth-grade, Bailey again tried out for the basketball team, this time measuring 6' 7". Although Bailey showed improvements, the coach still saw no use for him. The coach, having no patience for Bailey, told him not to try out for the team next year because it would be a waste of each's time.

Months later, the coach who had cut Bailey resigned and moved to another state. Bailey saw this as an opportunity, as a new coach could give him another chance. Now measuring 6'9" in ninth-grade, Bailey gave one more shot at playing basketball. The new coach saw something

different in Bailey than the previous coach did. He saw potential. Bailey made the team. During the season, Bailey played an average of 2.3 seconds. His only job was to get the jump ball every single time, which he did. Then, the coach called a time out, and Bailey sat the bench for the rest of the game. Despite the fact that Bailey only played two seconds per game, his parents attended every game. Eventually, Bailey worked up to playing the entire game during his junior and senior years.

North Carolina State University accepted Bailey to play basketball on a scholarship. During his senior year at college, Bailey helped lead his team to the 1983 NCAA Championship and lead his team in both scoring and rebounding. The Utah Jazz selected Bailey as the seventh pick of the 1983 NBA draft due to his quality of character and quality of game. Bailey now travels the world and speaks to the public about his life story. He also acts, sings and directs young basketball camps.

After speaking to the student body and staff members, Bailey conversed with the students, spoke with the girls' basketball team, ate lunch with the students and signed autographs.

"Thurl Bailey was an excellent speaker and motivator, and I really enjoyed his message about hard work and discipline," sophomore Peyton Groft said.



Photo by Peyton Groft

Thurl Bailey, a former player for the Utah Jazz, speaks to the student body the about hard work, motivation and determination that he was required to have in order to make it to the NBA.



### **Peterson Meats**

Owner: David Peterson 23 Main Street Mellette, SD 57461

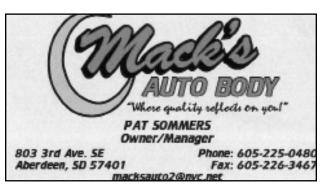
(605) 887-3411













Farmer's Union Oil Co. 1002 S. Main Street Chelsea, South Dakota

Stop in for your farming needs!

Fertilizer, Chemical Custom Spraying Custom Spreadina Tires, Batteries Hardware Petroleum Product

# Readers theatre brings home the gold

by Sadie Vander Wal

After qualifying at the regional level, Northwestern's readers theatre attended the state oral interpretation event in Sturgis on Dec. 4 and received a superior rating on their phenomenal performance.

This year's readers theatre consisted of seniors Allison Braun, Kate Finley, Darienne Frericks, Andrea Rausch and Codi Sparling; four of these members return from last year's regional superior team. The team was coached by Mrs. Jolinda Finley.

"This group of seniors was great to work with. They are always positive and excited," J. Finley said.

The group performed a creative piece titled "Inside Apps," which the students wrote together. In the piece, each person represented a popular smartphone app on a teenage girl's phone. In the dialogue, the apps fight over who is the most popular, go through the painful updating process, fight for the owner's attention and give the audience



Courtesy Photo

Seniors Andrea Rausch, Codi Sparling, Darienne Frericks, Allison Braun and Kate Finley present their readers theatre piece to the judges.

a peek into the life of a smartphone app. Targeted toward a younger audience, this piece represents the popularity of apps and phones in today's society.

"It was a wonderful and amazing experience. Most of the people there were very talented speakers," Frericks said.

After receiving a superior at both district and region levels, the group had the opportunity to travel to Sturgis to compete at the state event. Out of a total of 13 class B school readers theatre groups, seven received superior ratings,

including Northwestern.

"After not winning at state last year, they strived to get back to state and win this year. They finished their senior year of oral interp by bringing home the gold," J. Finley said.

### Robotics team competes well at region competition in Fargo

by: Addison Sparling

The Northwestern Robotics team headed to Fargo, N.D., to participate in the highest level of robotics competition after they placed at the state competition in Brookings, S.D. Thirty-four different robotics teams also qualified for this from Wisconsin to Ohio. The robotics team worked immensely hard to get to the region competition. The robotics team had to assemble a robot to complete a task. This year's task consisted of assembling a robot that repaired an article's mine and collected artificial coal and core samples.

"It was a great learning experience, and it was also clear that we have tremendously improved from the previous years," junior Josie Clemens said.

The team competed in all of the BEST (Boosting, Engineering, Science and Technology) categories: marketing, exhibit, spirit, programming, engineering notebook and competing with the robot.







Our Family Business Serving Yours for Over 30 Years



Sales · Delivery · Service

- Fertilizer
   Seed
- TanksSprayers

E Hwy 12 Aberdeen ProAgSupply.com • 225-9221









"James Valley keeps our family connected."

☑ ☑ ☑ jamesvalley.com

### News Briefs

### FBLA Officer Leadership Training

Seniors Nolan Peterson, Rachel Boekelheide, Kirstin Borge, Allison Braun, Darienne Frericks and Kate Finley, sophomore Sadie Vander Wal and Future Business Leaders of America advisor Mrs. Anne Frericks attended the FBLA Officer Leadership Training in Madison, SD, on Wednesday, Dec. 9.

#### Sixth-Grade MathCounts

In their first experience with the competition of MathCounts, the sixth-grade MathCounts team, commprised of Megan Nash, Samuel Groft, Jessica Boekelheide and Mackenzie Stoltenberg, placed second as a team at the Warner 2015 Invitational, while Nash placed fifth as an individual, and Groft placed sixth as an individual.

In their second and final MathCounts competition, the same sixth-graders again placed second as a team, this time at the Holgate 2015 Invitational. Groft placed fifth as an individual, and Boekelheide placed seventh as an individual.



Courtesy Photo Middle row, left to right: Back row middle: Nash Boekelheide, Groft, Nash and Stoltenberg



Courtesy Photo **Back row right: Groft** 





- Geothermal Systems
- Air Conditioners
- Fireplaces
- Ice Melt
- Swimming Pool Heat Pumps
- Furnaces
- · Heat Pumps
- Air Filtration
- Fire Pits
- Dust Control

Call today to receive \$50.00 off Service or \$200.00 off New Equipment! Does not apply to service fee or mileage Offer expires June 15, 2016

Join us on Social Media











1910 130th St NW Aberdeen, SD 57401 Office: (605) 225-9822 www.climatecontrolprofessionals.com

# High school students get into the Christmas spirit

by: Peyton Groft

The high school Christmas concert took place on Monday, Dec. 14 in the Northwestern gym at 7.

Opening the concert, the chorus, directed by Miss Brenna Rausch, sang "Rui, Rui, Chui," "Troika," "Away in a Manager" and "Let it Snow, Let it Snow, Let it Snow" and were followed by the girls' chorus singing "Beautiful December." Next, members of the band played several ensembles, including a percussion ensemble playing "Good King Wenceslas," a flute ensemble playing "Silver Bells," a vocal solo by senior Darienne Frericks singing "All I Want for Christmas Is You," a brass quintet playing an unfamiliar Christmas collection and a saxophone quartet playing "Frosty the Snowman." To end the con-

cert, the band, directed by Mrs. Wendy Thorson, played "Good King Wence-salsa," "German Christmas Festival" and "I Saw Three Ships."

"I thought that the kids did a really fine job and got the people in the mood for Christmas,".Mrs. Wendy Thorson said.



Tyrae Circle Bear The high school chorus, directed by Miss **Brenna** Rausch, sings a song during its con-

cert.

Photo by



Photo by Tyrae Circle Bear The brass quintet, consisting of sophomore Tyler Braun, junior Darby Duncan, sophomore Sadie Vander Wal, senior Rachel Rausch and junior Derek Boekelheide, play for their audience.

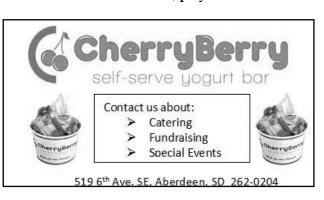




Photo by Tyrae Cicle Bear Senior Darienne Frericks sings a vocal solo during the high school Christmas concert.

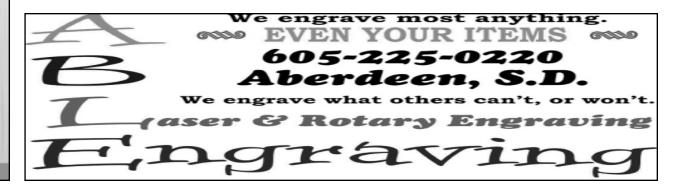


Proud supporter of Northwestern Area Athletics!! GO NORTHWESTERN GO!!!

**Bob Styles** h887-3281 c290-3324 blstyles@nvc.net

Chris Styles h887-3657 c887-7000 cestyles@nvc.net

www.stylesangus.com



### Young performers show love for Christmas at school concert

#### by Peyton Groft

The elementary and middle school students performed their Christmas concert on Friday, Dec. 18, at 2 p.m. in the school gym after a two-day delay due to winter weather.

After Principal Mr. Richard Osborn welcomed the audience, the preschool class sang "S-A-N-T-A" and "Little Snowflake." Next, the combined group of kindergartners, first-graders and second-graders sang "A Kitty for a Present," "We Wish You a Merry Christmas" and "I Want to Be an Elf." To end the

elementary section of the program, the combined group of third-graders, fourth-graders and fifth-graders performed a musical called "Frosty's First Adventure!" starring the fifth-grade class. During the musical, the group sang "Frosty the Snowman," "Jingle Bell Joy Ride," "I Hate This Holiday" with soloist Preston Martin, "Up on the Housetop," "Mr. Frozen H2O" with soloists Ella Haven, Brooklinn Halvorson, Maren Hansen, Brooke Heim and Trey Bourelle, "How Can There Be Christmas Without Frosty,"

"The Frosty Way" and ended with a reprise of "Frosty the Snowman." The cast included Chase Neiber as Frosty, Tanner Ewalt as Jackson, Olivia Heidenreich as Emily, Martin as Mr. Crabby, Emmylea Robeson as Officer Maxine and narrators Jude Ortmeier, Heim, Hunter Johnson, Hansen, Haven and Rian Gehring. Miss Brenna Rausch directed the entire elementary part of the program.

The middle school portion of the program commenced with the middle school chorus, directed by Rausch,

singing "All is Merry and All is Bright," "Little Drummer Boy/Peace on Earth" and "African Gloria." Finally, the middle school band, directed by Mrs. Wendy Thorson, concluded the concert with the playing of "Christmas Swings" with a trumpet solo from eighth-grader Miranda Thorson, "Fantasia on Christmas Come Anew" and "Deck the Halls with Chips and Salsa."

After the concert, the audience and performers lined up to enjoy some frozen yogurt from Cherry Berry.



*Photo by Tyrae Circle Bear* 

The preschool class performs its songs while wearing homemade Santa hats.



Photo by Tyrae Circle Bear

The kingergarten, first-grade and second-grade classes sing for their audience.



*Photo by Tyrae Circle Bear* 

The thiird-graders, fourth-graders and fifth-graders perform their musical during the concert.



Photo by Tyrae Circle Bear

Fifth-grader Chase Neiber, as Frosty, recites his lines during the elementary portion of the concert.



Photo by Tyrae Circle Bear

Miss Brenna Rausch directs the middle school chorus, composed of sixth-grade, seventh-grade and eighth-grade singers.



Photo by Tyrae Circle Bear

Mrs. Wendy Thorson directs the middle school band as eighth-grader Ezekiel Duncan plays the timpani.

### Groft receives KSFY Scholar of the Week

#### by Addison Sparling

basketball and runs track and cross country. Groft is also involved with Fellowship of Christian Athletes, Future Business Leaders of America, band and chorus. He works hard in everything he does whether it is on or off the court. Recently injured in his senior football season, Groft is currently in physical therapy, working hard to get back on the court for his final basketball season. Groft plans to attend either Northern State University or University of South Dakota for kinesiology, exercise

Senior Isaac Groft received KSFY's science and personal training for athletes. Scholar of the Week. Groft has a 3.65 He hopes one day to get a job as a strength grade point average. He plays football and and conditioning coordinator and eventually work at a YMCA and work with athletes to the best of his ability. For being named Touchstone Energy Scholar of the Week, Groft received a \$100 scholarship from Northern Electric Cooperative and will attend a banquet in May with the possibility of receiving more scholarship

> "It was privilege to receive this award, which is awarded to very few seniors. It was a total surprise to receive this scholarship, and I am very grateful," Groft said.

> > JAMES KAMEN

JERALD KAMEN



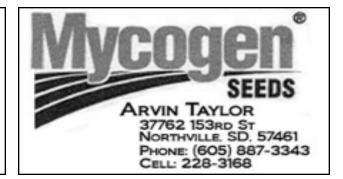
Courtesy Photo

Senior Isaac Groft receives a \$100 check from Touchstone Energy while premiering on KSFY.





605-225-4827 605-225-4165 Aberdeen, SD 57401



Page 6

# Girls' basketball team be season of competition



by: Isaac Groft

The Wildcat's girls' basketball team began its season 2-3 to kick off basketball season at Northwestern.

The Wildcat's girls' varsity basketball team this year consists of seniors Kirstin Borge, Madison Styles and Codi Sparling, juniors Josie Clemens and Darby Duncan, sophomores Addison Sparling, Evy Peterson, Peyton Groft and Darien Watson, freshmen Caitlyn Fischbach and Riley Grandpre and eighth-grader Miranda Thorson.

The team lost its first game of the season on Dec. 8 to Roncalli 42-54. Clemens shot 6/16 for 18 points and had three steals. Duncan and Watson each brought down one offensive and three defensive rebounds. Sparling had four assists. The Wildcats shot 14/48 from the field and 8/18 from the free throw line.

The Wildcats defeated Aberdeen Christian 61-19 on Dec. 10. Clemens scored 28 points, captured 10 steals, brought down nine rebounds and had five assists, all of which were team highs. Sparling also chipped in 10 points. The Wildcats used 41 forced turnovers and a 28-point second quarter to take total control of the contest.

Northwestern fell short to Warner 40-52 on Dec. 17. Groft led scoring with 15 points. Peterson hauled in five rebounds, while Sparling had five assists. Clemens and Sparling each contributed four steals. The Monarchs used a 16-point third quarter to edge out the Wildcats.

The Wildcats rose over Miller 63-41 on Dec. 19 in Miller. Clemens scored 16 points, grabbed 13 rebounds and ran away with six steals. Sparling contributed six assists.

After the first four games, Clemens leads the team in field goal percentage (43.3%), rebounds per game (6.5), steals (23) and points per game (17.3), Groft leads the team in 3-point percentage (38.9%), Watson leads the team in free throw percentage (69.2%) and Sparling leads the team in assists (18).

Northwestern fell to Waverly South-Shore 44-65 on Dec. 21. Clemens tossed in 13 points, had five assists and contributed 13 rebounds to lead the Wildcats. Both Groft and Duncan captured four steals.

The Wildcats will continue to practice and prepare for upcoming games.

Page 7 orts

# egins new



Photo by Kate Finley Senior Kirstin Borge plays defense during the first game of the season against Roncalli held in Mellette Dec. 8.



Photo by Kate Finley

Freshman Riley Grandpre, a 5'11" forward, reaches to the sky the get the tip-off during the junior varsity game against Waverly South-Shore at home Dec. 21.

### Boys Lose OT Thriller to Open the Season

by Peyton Groft

The boys' basketball game that should have taken place on Tuesday, Dec. 15 was postponed until Thursday, Feb. 11 due to winter weather.

Since this game was postponed, the boys' basketball team now only play twice during December, playing on Dec. 22 versus Aberdeen Christian and on Dec. 29 at the Barnett Center versus Eureka Bowdle. This setback also deemed Northwestern as the last team in the state of South Dakota to play its first game. The team continued to work hard in practice in anticipation of its first official game until it finally came.

Northwestern lost to Aberdeen Christian 61-63 in an overtime thriller at home on Dec. 22 Senior Logan Schentzel led with 27 pointsand 12 rebounds. Junior Derek Boekelheide, freshman Caleb Schentzel and .. Schentzel also grabbed two steals apiece. Boekelheide had three assists. L. Schentzel and senior Cody Lefforge also blocked one shot each. The crowd electrified the gym as the boys played a close game.

# Krogman transitions from player to coach

by: Addison Sparling and Sadie Vander Wal

Among the new faces of teachers this year at Northwestern, Miss Rachel Krogman not only teaches sixth-grade language arts, math and special education but started her assistant coaching career for the varsity girls' basketball team this past month. Krogman also coaches younger ages, too; she coaches the middle school and the junior varsity.

Krogman graduated from Elkton High School in 2010, where she lettered in basketball all four years, won the state A championship her senior year and received runner-up in the state B championship her junior year. After high school, Krogman attended Northern State University, where she was a three-year starter, three-year team captain, two-time all-region second team and two-time all-conference team for the Wolves' basketball team. She also received the best female athlete for the Wolves. Krogman led her team to obtain the north division champions title twice and the conference tourna-

ment champions title once. Her environment is still familiar to her; bound club.

Krogman graduated from Northern in 2015, and she started teaching at Northwestern this fall. Later, she joined the girls basketball coaching staff. After playing basketball throughout her college career, Krogman had to make the adjustment from a player to a coach frame of mind. She had to apply what she knew from being coached to her own coaching.

"As a player, I did what I was told to do by a coach. Now as a coach, I have to know what I want the players to do," Krogman said.

On the teaching side, Krogman works with sixth-graders and students in her special education periods.

"Sixth-graders are fun to work with because they are very impressionable yet. I can have fun in class with them," Krogman said.

Because she left her own high school only five years ago, Northwestern's

career at Northern also put her in however, she has found that there is a the 1000-point club and 700-re- difference between the work ethic she saw at her school and Northwestern.

"Northwestern has a hard work ethic, and they willingly work at it. More time and effort is put in by athletes in all sports here than at my old high school," Krogmar said.

As stated earlier, Krogman left the basketball court as a player a Northern last year, so the great difference between playing and coaching has forced her to transition to a new approach to the sport. When asked about win ning and losing as a player or as a coach, Krogman noted that that aspect did not change.

"There isn't a difference between winning and losing as a player or coach. As a player, I had control of how I played and how that same when coaching because what I do can affect the team,"

Krogman said.

"Miss Krogman gets fired up and that energy transfers over to the players," freshman Riley Grandpre said.



Courtesy Photo

Miss Rachel Krogman (#41) goes up for a affected my team. This is the shot against an opponent during a game as a Northern State University athlete.

### Are professional athletes overpaid?

#### Staff editorial

Money stands as an omnipresent topic in most people's minds. Throughout the world, money signifies power, and power gives one a high social or economic status through society's eyes. Money not only buys material objects, but it opens doors for better education, bigger houses, and faster cars.

When it comes to the issue of the salaries of professional athletes, many sides to the debate exist. It stands as difficult to measure the true dollar value of an athlete.

Are professional athletes saving lives day after day? Maybe in your mind they are, but in reality they are not. These professional athletes get paid millions of dollars, in some cases, for their "jobs." Their so-called jobs are them playing a sport that they LOVE in front of millions of people. Athletes work only a few months out of the year, playing a limited amount of games in there season. Take NFL

football players for example, they are some of the highest paid athletes and only play a maximum 24 games per season. The amount that professional athletes make in their career, most people would not make in their entire lifetime.

A doctor can make around \$175,000 per year saving lives everyday, while the world's highest paid professional athlete, Floyd Mayweather, a boxer, has a salary of \$285 million. That is crazy. A doctor who saves lives everyday does not even make a small portion of the salary of a professional athlete who beats people up for a living.

In a different perspective, professional athletes not only perform strenuous physical labor, but their actions constantly remain under public criticism. Their actions are ridiculed and scrutinized the same as a Hollywood actor is judged. Every word or action they perform is open for the public to criticize. Professional athletes inspire people to achieve their dreams, and in

these people's' minds, these athletes are worth every cent they earn. How do we place a price tag on one's inspiration?

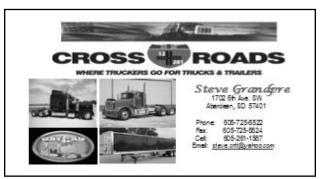
Most people in this country will admit to the fact that they have watched a professional sports game at least once in their lifetime, whether it is physically or through a television. By watching these players and buying teams' logos on clothing, the general public helps to pay these athletes' exponentially high salaries. Without even realizing it, the public will pay for that front- row seat at a game, pay for an overpriced T-shirt to support a team or pay for a sports package from the television satellite provider that helps generate more dollars for these athletes.

Athletes may need these high salaries more than most would think. Professional athletes, especially football players, sustain many injuries throughout their career. With surgeries, therapy and health insur-

ance becoming so costly, an athlete must somehow pay for their injuries. Because these injuries come from their careers, it makes sense that they can afford the insurance and therapy needed to continue on with their lives just as any other career-oriented person would. Some will be unable to work after their professional careers end. Others will be forced to retire at a young age because of their physical condition.

In the end, there may not be a real answer to the question of whether or not athletes are overpaid. They may get paid more than any other career, but the general public only adds to these athletes' salaries by watching the athletes as a form of entertainment. Is the general public the reason why athletes are paid so much? What would happen to the economy of the United States if athletes were paid the same amount as the rest of the working class?





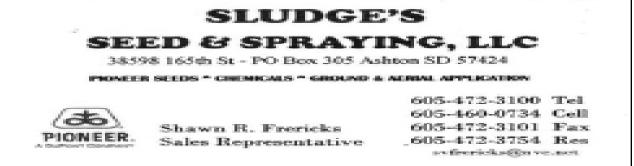




### Vander Wal Livestock Jeff, Beth, Sadie & Mitchell

Brentford, SD







Proudly Supports our

NORTHWESTERN WILDCATS!

## First-grade letters to Santa



Dear Santa,

For Christmas, I

would like a Segway

and pop the pig.

Love,

Daniel

Dear Santa,

Can you get me a magic eieght ball, basketball, a new scarf, another elf on the shelft, and happy Chirmas!

From: Regan Bruns

Dear Santa,

Can I have books and Legos for Christmas?

From: Ty Davis
Boekelheide



Dear Santa,

I wote a zebra for
Krismas!

From: Sophia Troske

Dear Santa,

I want a phone and a ex-box 360 legos.

From: Steven John Harmon

Dear Santa,

I want a miny drone and a remote control helicoptor and a lego city police station.

Love,

Brecken



Der Santa,

I want a snowmobel and a 3 DS, Lego's, x-box, tramplen, dirt bike, and gun case.

From: Broden

Dear Santa,

One thing I want is a iPad.

From: Taylor

Dear Santa,

I want a remote centrol helicoptor and more tractor please and a tractor game or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15.

Love,

Austin Nash



Dear Santa,

I want Ever After High dolls and a bunny and creamy eggs and a lava lamp and monster High dolls and some more books and gum and candy.

Love,
Chesnie

Dear Santa,

I love your red coat and your raindeer. I would like Ever Aftr high dolls and Monstr high dolls.

From your friend,

Abigial

Dear Santa,
Thank you for the presants!
Love,
Tara Blachford

Letters to Santa from the Journalism class

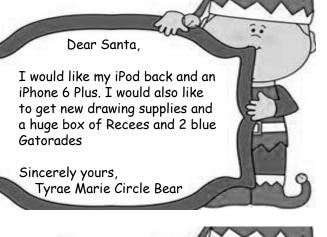


Dear Santa,

I would like a pet giraffe for

Christmas this year. Not a stuffed animal but a living, breathing, animal that I can take on walks and ride to school. Since it probably will not fit in your sleigh, you can just drop it off any time. Because it gets cold here in South Dakota, it would be nice if you could bring me a heated shelter for it too. Thanks!

Sincerely,
Sadie Vander Wal





Por Christmas this year, I would like a condo on the beach, a paper grading machine, a 6'2" left-handed right side hitter and an endless supply of specialformula Coca-Cola that makes you lose weight. If that's not possible, please just get more candy for my journalism students. They have earned it!

Your Favorite Elf, Mrs. Groft

# In the Hallway....

### In the Elementary.... What is your favorite thing you did this year?



"My favorite thing was making a snowglobe," first-grader Abigail Schnell said.



"I liked reading books from the library," first-grader Ty Boekelheide said.



"I liked playing dodgeball," fifth-grader Jayden Mielke said.



"My favorite thing was playing in the snow," second-grader Wyatt Rahm said.



by: Peyton Groft

"My favorite thing was that I went swimming," kindergartner Faith Van Hatten said.

### In the Middle School....

What are you looking forward to in 2016?



"I look forward to the new show year," seventh-grader Mitchell Vander Wal said.



"I look forward to a new president," seventh-grader Seth Heidenreich said.



"I look forward to playing NESD JO vollevball," seventh-grader Joclyn Haven said.



"I look forward to summer," eighth-grader Zechariah Clemens said.



"I look forward to a new season for the Chargers," sixth-grader Samuel Groft said.

### In the High School.... What is your New Year's resolution?



"My New Year's resolution is to never do burpees again because they suck," sophomore Megan Heidenreich said.



"My New Year's resolution is to eat healthier and exercise more," Principal Richard Osborn said.



Year's New "My resolution is to figure out what college I am going to," senior Abby Fischbach said.



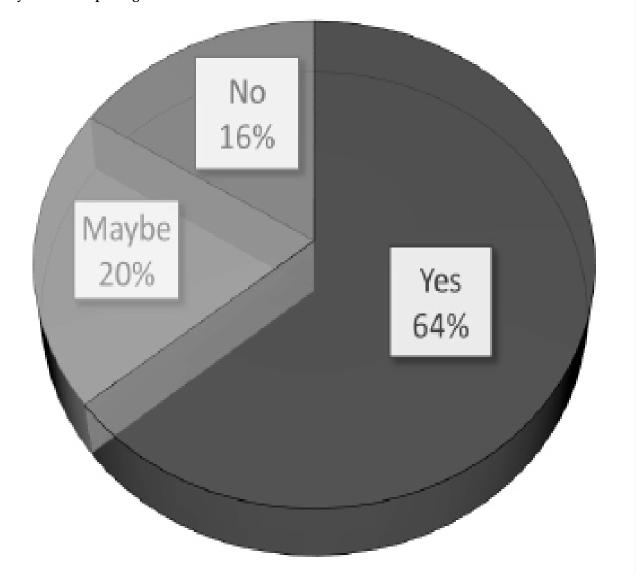
"My New Year's resolution is to eat Macaroni and cheese once a week," sophomore Isaac Bauer said.



"My New Year's resolution is to be a nerd," freshman Riley Grandpre said.

# Will the students of Northwestern make a New Year's resolution?

by: Addison Sparling and Sadie Vander Wal



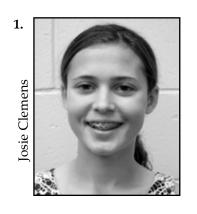
# Top 10 most popular New Year's resolutions

by: Sadie Vander Wal

- 10. Achieve their new year's resolution goal
  - 9. Learn something new
    - 8. Volunteer
    - 7. Get organized
    - 6. Exercise more
    - 5. Eat healthier
    - 4. Save money
    - 3. Get good grades
  - 2. Enjoy life to the fullest
    - 1. Become stress-free

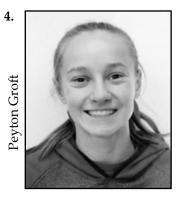
# Trends: Can you match the person with the correct pet?

Photos and story by Addison Sparling

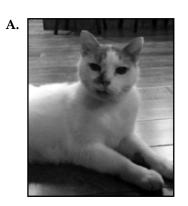


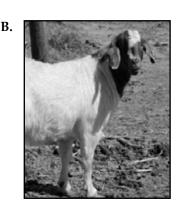
Caleb Schentzel

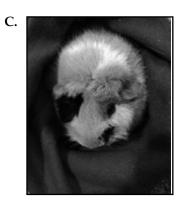


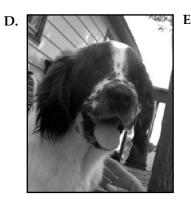














Answers: 1C, 2A, 3E, 4B, 5D

# Fantastice

### Addi's Apps

### Quizlet

Coming into mid-term, students, especially in the high school, need to study. Since everything is about technology these days, it

would be nice to have a study tool on the Internet that you can also access with a smartphone or iPad. Quizlet shows to be an excellent app for this. Quizlet is a flashcard-type app that makes it very simple to study. If a person gets an answer wrong on Quizlet, he or she can mark that flashcard to come back to and study over again. Quizlet was created by a high school sophomore in Albany, Calif. This just shows that it is something a high school student would benefit from. Quizlet is a free app that already acquires more than

40 million visitors per month. This app would be very helpful for high school students all year round but especially during mid-terms and finals.



## Tyrae's Techniques

There are many ways that people can draw wings. Although many people sometimes struggle with drawing them the same. What I say is, there's something special about the wings even though they don't look the same. There are also different designs that can go in the wings like swirls, hearts, a pattern etc.

Wings are such a beautiful drawing that makes your drawings more interesting.



# Sadie Says

Dr. Temple Grandin exists as one of the most respected experts in the handling of livestock. A professor of animal science at Colorado State University, Grandin has also designed more than half of North America's meat plants' handling facilities for cattle. One might think that all of these accomplishments came solely because of her dedication to the field of study. If you were to meet Grandin today, you would not believe that she has been diagnosed with autism since she was two years old.

Dr. Grandin's mother pushed her to overcome her difficulties, and as a result, Grandin was able to communicate and graduate with not only a bachelor's degree in psychology, but a master's and doctorate in animal science, according to biography.com. Overcoming discrimination in her field of study proved difficult for Grandin because women were not considered suitable for work with cattle. However, Grandin proved people wrong by not only being a woman and working as a consultant with animal slaughter companies and designing better facilities to improve the handling and treatment of cattle, but also because she could communicate to others despite her autism.

Now as an adult, Grandin travels to teach others how to treat livestock and advocates for autism awareness. Because of her development, she



is able to communicate to the public how autism affects her and others. Recently, a movie, titled Temple Grandin, came out on DVD that centers around her story of overcoming obstacles and finding her place in this world. It not only portrays the wonders of Grandin's life, but it shows how if a person believes in themselves more than the rest of the world, he or she can truly accomplish anything.

## Peyton's Power Hour

A Workout for POWER...

20 squats

10 jumping squats

20 pushups

10 jumping pushups (do a pushup, then jump off the ground with both your feet and your hands)

20 lunges

10 jump-split lunges

20 sec. superman hold (hold superman position)

10 superman

Go through the cycle 3 times total.

This workout is meant to exhibit power, as the workout uses long, bodyweight excerises followed by short, lightweight exercises.